

REGISTRATION

PLEASE PRINT

Illegible and incomplete applications will not be accepted.

NAME _____

() TELEPHONE NUMBER _____

STREET / ROUTE ADDRESS _____

CITY ST ZIP

Age as of November 6, 2010: _____

Sex: M F

Tee Shirt Size: M L XL

Register early to assure getting a tee shirt.

▼▼▼
REGISTRATION ONLINE LINK
www.active.com/event_detail.cfm?event_id=1885963

▼▼▼
I hereby declare that for myself and my heirs and executors that I will hold blameless the YMCA and all sponsors for any injury that may befall me as a result of my participation in the Louie Fields 5K Race. I furthermore certify that my physical condition is adequate to allow me to participate in an event of this strenuous nature.

SIGNATURE (Parent signature if under 18) _____

DATE: _____

— MAKE CHECKS PAYABLE TO —

Danville YMCA

- 5K Run
- 5K Walk
- Children's 1 Mile Fun Run
(AGES 12 & UNDER)

— MAIL TO —

Danville YMCA

810 Main Street • Danville, VA 24541



NON-PROFIT ORGANIZATION U.S. POSTAGE PAID Danville, VA Permit No. 53

Danville YMCA
810 Main Street • Danville, VA 24541

Celebrating 24 Years!



IN CONJUNCTION WITH
Danville YMCA Pancake Day

TWENTY FOURTH ANNUAL

Danville YMCA



LOUIE FIELDS 5K RACE
DANVILLE, VA

5K Run/Walk & ONE MILE CHILDREN'S FUN RUN

Sat., November 6, 2010

*YMCA:
WE BUILD STRONG KIDS, STRONG FAMILIES, STRONG COMMUNITIES.*

OUR SPONSORS



Danville Regional
MEDICAL CENTER



MARK HOLLAND
Attorney at Law



Louie Fields 5K Run/Walk & 1 Mile Children's Fun Saturday, November 6th, 2010

ENTRY FEE:

5K Run/Walk Children's 1 Mile Fun Run

▼ Before October 29..... \$15.00

▼ After October 29..... \$20.00

Children's 1 Mile Fun Run

▼ Before October 29..... \$10.00

▼ After October 29..... \$15.00

STARTING TIME:

▼ **1 Mile Children's Fun Run:** 8 a.m.

▼ **5K Run/Walk:** 9 a.m.

RACE BEGINS:

At the corner of Main Street & Chestnut Street
(Up the street from the YMCA)

RACE FINISHES:

At First Baptist Church parking lot.
(Across from the YMCA)

ELIGIBILITY:

▼ **5K Run/Walk**

Runners & Walkers of all abilities & speed

▼ **1 Mile Children's Fun Run**

Children ages 12 & under

ENTREE FEE INCLUDES:

Dri-fit T-shirt to first 100 signed up, free "all you can eat" pancake breakfast, aid station, post race refreshments, splits and mailed results, upon request. All proceeds go to YMCA Youth Fund.

AWARDS:

Runners - age groups

▼ First 3 Overall Finishers (M & F)

First Overall Masters (M & F)

▼ First 3 Finishers in the following age groups:

0-14, 15-19, 20-29, 30-39, 40-49,

50-59, 60-69, 70 & over: (M & F)

Walkers - age groups

▼ First Overall Finishers (M & F)

▼ First 3 Finishers in age groups: 0-19,
every 10 years to 69, 70 & up. (M & F)

One-Mile Fun Run - age groups

▼ First 3 Finishers: 12 & under

▼ Special Awards to all children 12 years and under.
NOTE: No duplication of overall and age group awards.

REGISTRATION & PACKET PICKUP:

FRIDAY: 5 p.m. to 7 p.m. (YMCA)

SATURDAY: 7 a.m. to 8 a.m. (YMCA)

COURSE:

5K Run/Walk (3.1 miles) mostly flat and fast with short hill at the beginning. Start at the corner of Chestnut Street and Main, up from the YMCA.

FOR MORE INFORMATION

Call **Wes Spivey** at the Danville YMCA.

(434) 792-0621

